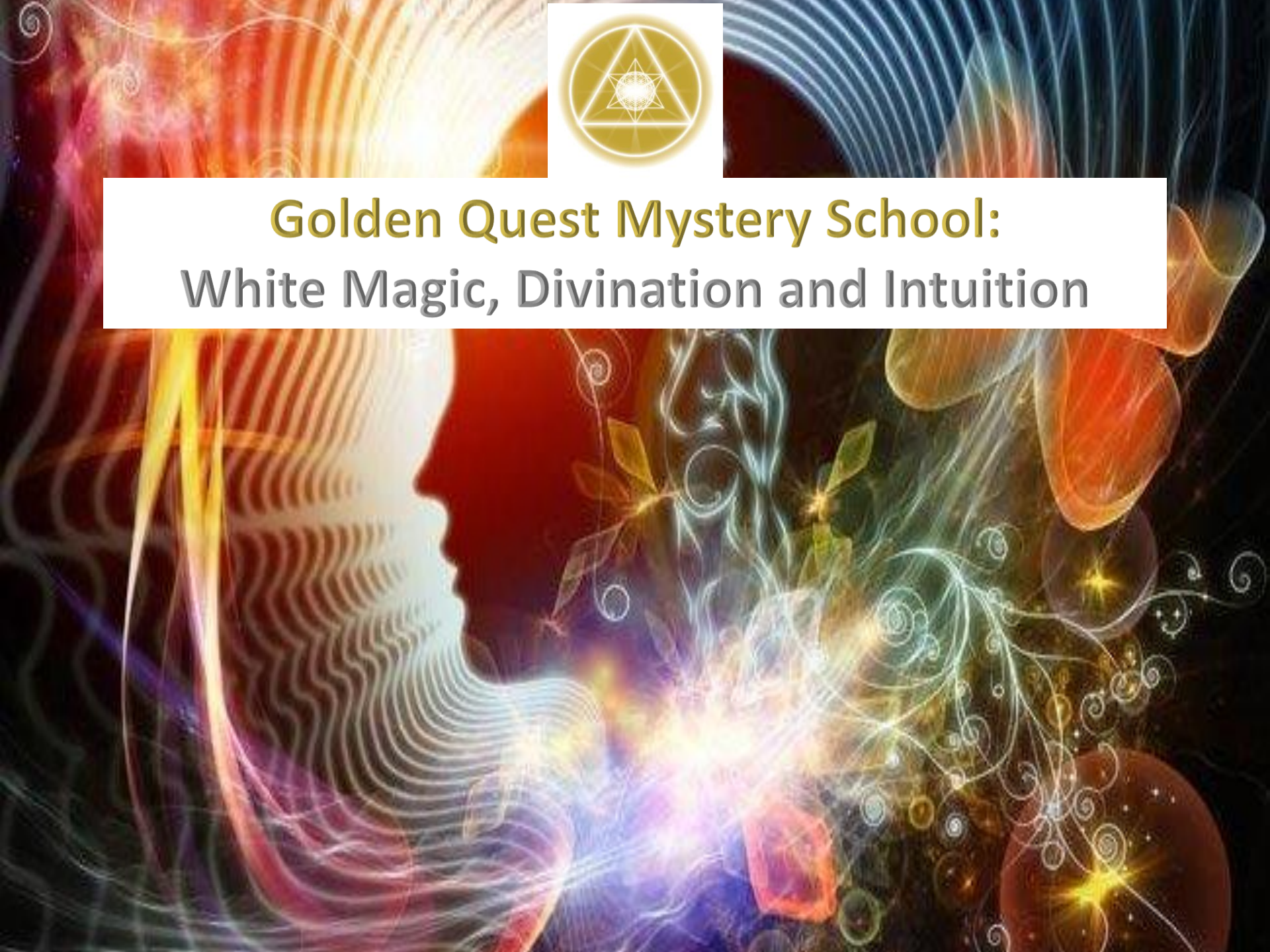




Golden Quest Mystery School:
White Magic, Divination and Intuition

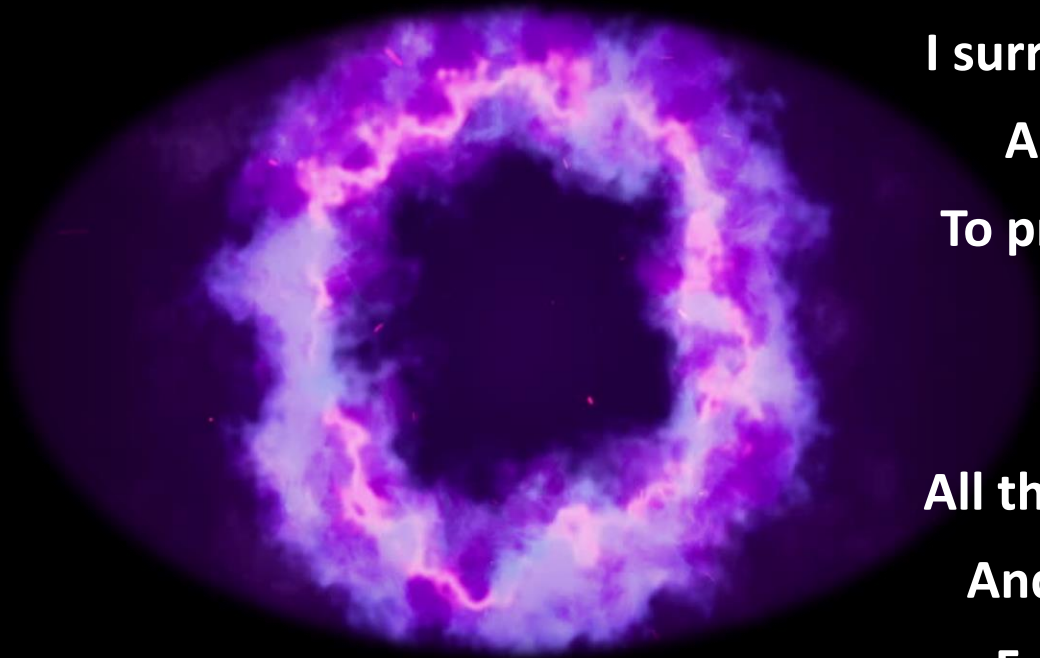




OPENING ALIGNMENT

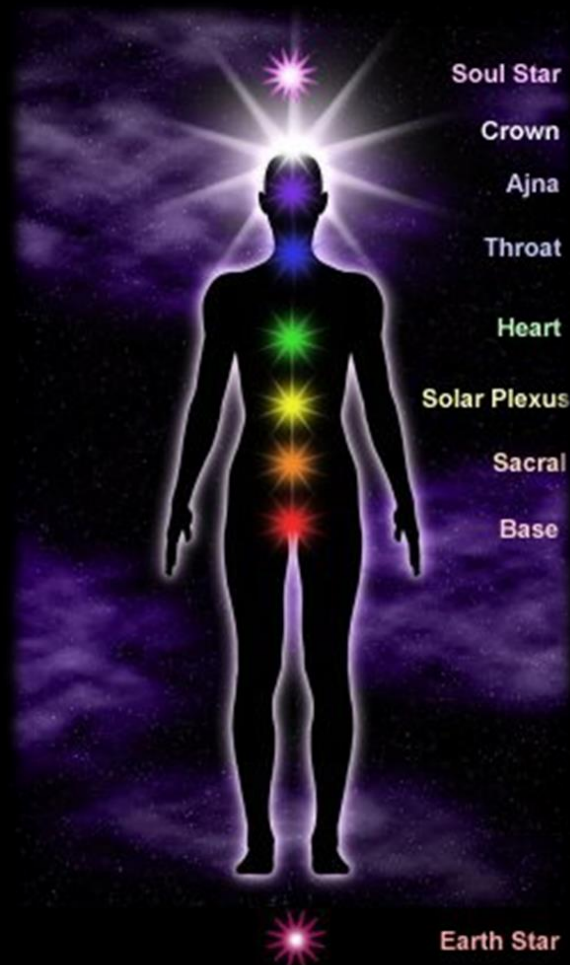
Use this alignment each time you sit down
to read, study or meditate

PRAYER OF PROTECTION



**I surround myself in a circle of fire –
A ring-pass-not of protection
To protect me from all negativity –
Of any kind on any plane,
And to bring to me –
All the good to which I can respond,
And with which I can cooperate.
For this blessing I give thanks.**

Individual Alignment – *I Am The Soul*



Soul Star

Crown

Ajna

Throat

Heart

Solar Plexus

Sacral

Base

Earth Star

Soul Star

Turban of

I am the Soul, and also Love am I

Above all else, I am, -both will and fixed design

My Will is now to lift the lower self into the
light divine

That Light am I

Therefore, I must descend, to where that
lower self awaits

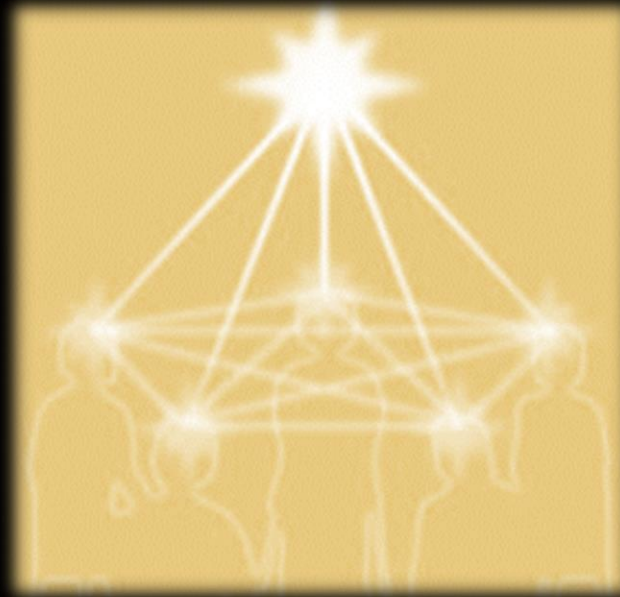
Awaits my coming

That which desires to lift and that which cries
for lifting

Are now at one - Such is my Will!

GROUP ALIGNMENT

GROUP Soul Star



- **Linking to other groups and individuals on the Path**
- **Linking to the network of light that surrounds the planet**



Affirmation of the Disciple: We say together

I am a point of light within the greater light

I am a strand of loving energy with the stream of Love Divine

I am a point of sacrificial fire, focused within the fiery will of God – and thus I stand

I am a way by which humanity can achieve

I am the source of strength, enabling them to stand.

I am a beam of light, shining upon their way – and thus I stand

And standing thus revolve

And tread this way the way of men

And know the way of God, and thus I stand.

THE GREAT INVOCATION



THE GREAT INVOCATION*

**From the point of Light within the mind of God
Let light stream forth into human minds
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into human hearts
May the Coming One return to Earth.**

**From the centre where the Will of God is known
Let purpose guide all little human wills
The purpose which the Masters know and serve.**

**From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth.

August Schedule

Reading: Shine Forth. By William Meader – Introduction through Part I

Homework: Summarize what you think are key concepts from your reading

Sixth Sense, by Stuart Wilde – First Two Chapters

Meditation Homework: Journal dreams, meditations etc.

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**Wisdom Wednesdays:**

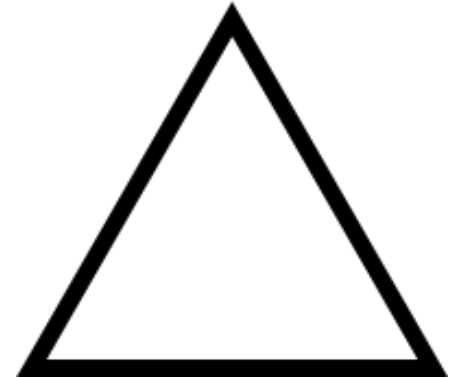
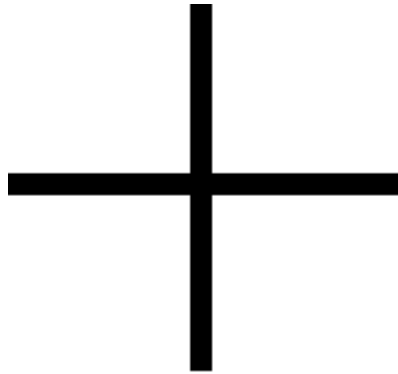
**We will be doing exercises from Adventures in Meditation, Book II, specific exercises from Mind Games and or Sixth Sense along with discussion from reading materials**

**– Must email questions/topics for discussion by Monday each week. Be sure and reference the page number/s**

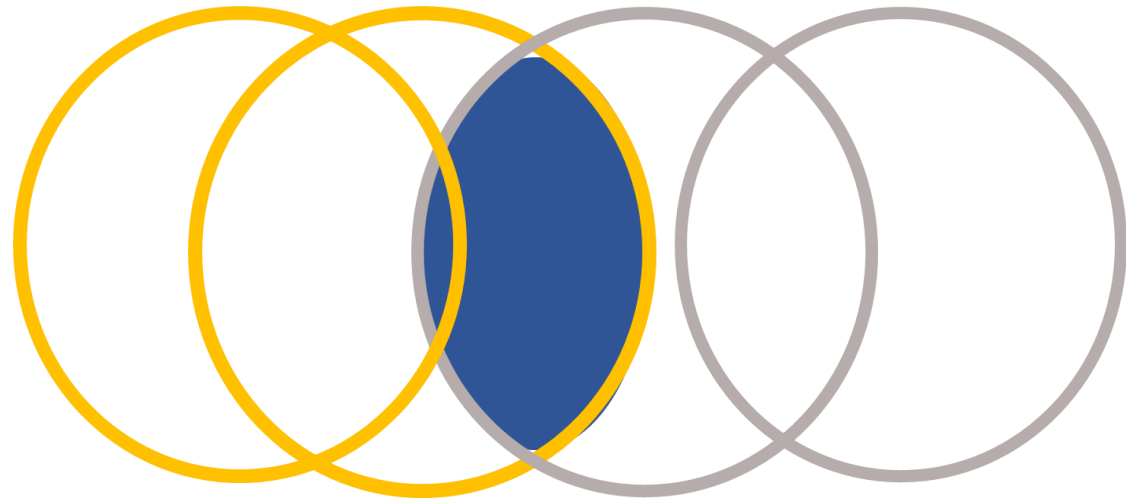


We go within.....

# Symbols for Meditation to Build the Third Eye:



Vesica  
Piscis  
Exercise



# Evaluating Spiritual Guidance



**GUIDELINES FOR  
DISTINGUISHING THE HIGHER  
PSYCHISM OF THE SOUL**

**FROM LOWER OR ASTRAL  
PSYCHISM**

# HIGHER PSYCHISM

1. Serves the good of the whole.
2. Focuses on helping others and is inclusive, not separative; its purpose is service.
3. Creates love and inspiration and empowers the receiver.
4. Suggests or advises only; never demands surrender of your free will.
5. Never conflicts with your personal ethics.
6. Recognizes a higher power (if Christian, Christ; if Buddhist, Buddha, etc.)

7. Presents creative new information relevant to your next step; often presents a new approach or new synthesis of spiritual teachings but does not contradict teachings of the major world religions.

8. Is usually short, to the point and intelligent.

9. Is often a still, small voice.

10. Is conscious and controllable; often is impressions that are then translated into own words.

11. Is received through the head, heart and throat chakras or centers, functioning in unison.

12. Emphasizes the personal effort necessary for spiritual growth and the slow process of evolution towards fully expressing your God-self and full potential.

13. Honors the sacredness of the physical world as well as the non-physical world.

# Lower Psychism

*(Guidance from the Subconscious and Astral Planes of Desire and Illusion):*

1. Is usually only for the good of the receiver (and sometimes at the expense of others).
2. Flatters the ego of the receiver and creates glamour, specialness and separation; often appeals to greed and desire for power; purpose is often just to satisfy curiosity.
3. May create fear, negativity or feelings of unworthiness.
4. Often demands obedience and surrender of your will.
5. May conflict with your personal ethics.
6. Often claims ultimate authority for itself.
7. Usually presents a rehash of old platitudes that can be found anywhere and are generalities rather than specifics; sometimes contradicts teachings of major religions.

8. Is often long and flowery and/or confusing and contradictory.

9. Comes as many confusing voices competing for attention.

10. Is usually unconscious in a trance state (mediumistic) and uncontrollable (such as automatic writing); may happen at any time, even if inconvenient or embarrassing for psychic, often frightening others.

11. Received through the solar plexus center.

12. Often claims spiritual growth happens with no personal effort and proclaims the half-truth that we are gods and are perfect just as we are.

13. Disparages the physical plane and practical living. Intuition communicates in a unique way

# BUBBLE OF LIGHT MEDITATION & Methods of Protection



**Building Your Energy Ball  
through Breath and “Resonant  
Tuning”**

MEDITATION  
EXERCISE:

THE LAW OF  
WILL



# Your Intuition Journal

*More than keeping a diary or recording events*

*Our response to life ~ feelings, emotions, dreams, desires, fears  
~ a log of our spiritual journey ~ an expression of who we are ~*

*A private inner sanctuary in form*

*No special equipment ~ you may want to have ...*

- A special notebook or journal
- Unlined paper
- Colored pens, pencils
- *No rules to keeping a journal ~ only a few guidelines*
- Write every day
- Date your entries

***BE HONEST!!***

- When you write, you tap into thoughts, feelings, ideas and direction that you are not consciously aware of.
- You can further develop your intuitive guidance by preparing yourself by gathering the necessary information and experiences to provide more of an opportunity for your intuition to surface.
- Intuition cannot be forced; you need to allow it.
- After loading up your mind with information about the issue, give your intuition time to work on it
- And then become open to the answer. You will likely experience an “Aha” moment, which is a moment of instant awareness, where the answer sprouts from “out of the blue.”
- If you have an important decision to make and are not 100% sure about something happening, stop and think before making a decision. Usually this is your intuition trying to tell you that something is not quite right. Likewise, if you feel that you should go for it, do it, so you don't miss a valuable opportunity.

And So It Is!!